

Health and Care Professions Council number: SL039007

Royal College of Speech and Language Therapists registration number: RC0040976

Personal Profile

I am a passionate Specialist Speech and Language Therapist with a specialism in social, emotional and mental health (SEMH) and higher-level Augmentative and Alternative Communication (AAC). I have an interest and experience within the areas of Selective Mutism (SM), AAC & literacy and aim embed trauma informed practise throughout my work. I am committed to working closely with young people and their families and I believe building a trusting therapeutic relationship is crucial to all therapy. I am also a Dysphagia trained therapist and I enjoy working with clients to develop their understanding of their eating, drinking and swallowing (EDS). I aim to provide the best quality therapy and support for my clients in order to support them to achieve their goals and empower their independence.

Professional Qualifications

Manchester Metropolitan University: MSc Speech and Language Therapy (Pre-Registration): Graduate in September 2021

Edge Hill University: Bachelor of Science with Honours in Sociology – Honours Degree – Upper Second Class

Employment History

ATtherapy, Specialist Speech and Language Therapist · September 2021 - present

Within my role at ATtherapy, I specialise in working with children and young people with social, emotional and mental health (SEMH) needs and high level AAC users. I have an interest in AAC & literacy and believe by developing literacy skills we are empowering AAC users to develop the skills required to communicate as freely as possible without the contrasts of a symbol-based vocabulary system. I am a trauma informed practitioner and aim to develop safe and trusting therapeutic relationships with my clients and their families. I am also a dysphagia trained therapists and support clients with eating, drinking and swallowing.

I have experience in support clients in a number of ways, including but not limited to:

- Emotional regulation
- EDS capacity building
- Social understanding and social problem solving
- Identity work
- Understanding sex education and relationships
- Inferencing and verbal reasoning skills
- Stammering affirming therapy
- Literacy
- Implementation of AAC systems
- Selective Mutism
- Sentence building and narrative work

I put my clients at the centre of all that I do and aim to provide bespoke and individualised therapy, programmes, training and support.

I work with both adult and paediatric clients, but my caseload is largely paediatric. I cover the North West and travel to my clients home, schools and Colleges to provide support.



Manchester Metropolitan University, Student Placements, Student Speech and Language Therapist · September 2019 - July 2021

Leyland Paediatric Speech and Language Therapy team: Paediatric Community Clinic and Mainstream School Services

Warrington Adult Speech and Language Therapy Team: Adult Stroke Unit

Wigan Paediatric Speech and Language Therapy Team: Paediatric ASD Pathway Clinic, Specialist Education Needs School Services and Paediatric Virtual Clinic

Time Out Childrens Home, Therapeutic Carer · July 2019 - December 2019

The role involved providing 1:1 support and care for children from a background of trauma and neglect, being responsible for the social physical and emotional well-being or these children in their day to day lives.

St Pauls College, Teaching Assistant · July 2017 - May 2019

My role involved supported primary school aged children with a Special Education Needs setting. I supported in a number of ways, including: aiding and assisting teachers, creating resources, teaching children in small groups, toileting, aiding with speech and language development and behaviour support.

Autism Initiatives, Senior Support Worker · Jan 2016 - Jan 2017

My role involved supporting adults with ASC in independent living. Duties including ordering and administering medication, maintaining personal hygiene, supporting to cook healthy meals and complete chores, daily activities such as dance class, walking and swimming.

Training

- Manchester Metropolitan University: MSc Speech and Language Therapy (Pre-Registration):
 Graduate in September 2021
- ATtherapy Post-graduate Dysphagia Training 2023
- Edge Hill University: Bachelor of Science with Honours in Sociology Honours Degree Upper Second Class
- Selective Mutism
- Makaton: Levels 1, 2 & 3
- Talking Mats
- Play Included: The Brick by Brick Programme
- Fundamentals of working with children and young people who have SEMH and SLCN
- Introduction to Brain injury
- Essential Oral Care Training for healthcare professionals
- Dysfluency and Compassionate Focussed Therapy (CFT)
- Trauma and informed practise
- Safeguarding Adults & Safeguarding children

ATtherapy

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